



St Brendan's Youth Apostolate
Bellingham, MA

Events and Activities

Fri, Oct 1

Extreme East, LaSalette Shrine, Attleboro, MA
Leave St. Brendan's @ 5:30 pm
Return around 11:00 pm
Cost: \$10.00
Permission slip required
you can print a general permission slip at
<http://stbrendanteenpage.org/>

Sun, Oct 3

Respect for Life Walk, Boston
Leave St. Brendan's after 10:30 Mass
Return around 5:00
COST - \$5.00 for lunch
Permission slip required
you can print a general permission slip at
<http://stbrendanteenpage.org/>
http://www.masscitizensforlife.org/pdf/Final_Walk_2_brochure_page_1%5B1%5D.pdf

Fri, Oct 8

Make bagged lunches to share with the homeless
We will be bringing the bagged lunches to Boston on
Sat, Oct 9

Sat, Oct 9

Feed the homeless
Where? Boston Common
When? Meet at St. B's at 8:30 am/return around 4:00 p
Permission slip required –
you can print out a permission slip at
<http://stbrendanteenpage.org/>

Fri, Oct 15

The "R" Father Book prayer meeting (chapter 3)
7:00-9:00 @ St. Brendan's

Sat, Oct 23

Fill These Heart Tour
John Paul II's Theology of the Body with Christopher West
presented in song and art
This is going to be a BEAUTIFUL night!! Parents...if you've
never heard Christopher West speak we highly recommend
attending this event! Find out more info here
<http://fillthesehearts.com/>
We will leave St. B's around 4:00 pm and return around
11:30. Cost is \$11.00 for students, \$21.00 for adults.
Permission slip is needed for teens – print one here.....
<http://stbrendanteenpage.org/>

Fri, Oct 29

The "R" Father Book prayer meeting (chapter 4)
7:00-9:00 @ St. Brendan's

Sat, Oct 30

Massachusetts Citizens for Life Dinner, Randolph, MA
We have a limited number of seats for our teens
Updated details will be posted to the website as the date gets
closer <http://stbrendanteenpage.org/page2.html>
Permission slip required
you can print a general permission slip at
<http://stbrendanteenpage.org/>

Sun, Oct 31

Paintball trip for the guys!! \$45.00 includes everything
Please check out details on the website...we will also have a
flyer going home <http://stbrendanteenpage.org/page2.html>

Upcoming Life Nights

Sunday, October 3

Every Picture Tells a Story
This is like Lectio Divina through pictures...we
will learn to listen to God speak to our hearts

Sunday, October 10

"Attitude Check"
God's Plan for His People

Sunday, October 17

No Life Teen Tonight
Join us at 5:30 Mass to celebrate the Sacrament
of Confirmation!

Sunday, October 24

"Vita Nox" (this means Life Night in Latin!) ©
The Church's teaching on Social Justice

Sunday, October 31

No Life Teen Tonight
(hall is being set up for fall fair...don't forget to
join us on **Sat, Nov 6 and Sun, Nov 7** for this
awesome event! Food, Raffles, White Elephant,
and more!)

Dear Parents,

This newsletter is for you...to let
you know what's going on at Life
Teen...to provide you with articles
on teen culture that we come
across... to keep you up to date
with St. Brendan's Youth
Apostolate.

In the DECLARATION ON
CHRISTIAN EDUCATION Pope Paul
VI teaches that "Parents...have the
primary and inalienable right and
duty to educate their children". He
also says that "in a special way, the
duty of educating belongs to the
Church, not merely because she
must be recognized as a human
society capable of educating, but
especially because she has the
responsibility of announcing the
way of salvation to all men, of
communicating the life of Christ to
those who believe..."

You can read the whole document
here:

http://www.vatican.va/archive/hist_councils/ii_vatican_council/documents/vat-ii_decl_19651028_gravissimum-educationis_en.html

We are here to work with you as
you guide your teens through these
sometimes difficult years toward
adulthood.

Life Teen is an international model
of youth ministry which seeks to
lead teens into a deeper
relationship with Christ and His
Church. For more information on
Life Teen visit <http://www.lifeteen.com/>

Please feel free to join us for any
event or Life Night!

St. Brendan's Youth Apostolate exists by
the Grace of God to lead teens closer to
Christ through catechesis, service, and
the sharing of our lives. Prayer and the
Sacraments are at the heart of this
ministry.

All teens in grades 8 through 12 are
welcome.

Youth Mass – Sundays @ 5:30

Life Night – Sundays 6:30-8:45

Social and Service activities as
announced. Please check our website
regularly for posting of events.
<http://stbrendanteenpage.org/>

For more info call:
Cheryl Duran 508-954-9109-cell
Jim Duran 508-954-9134-cell

We also have a dedicated group of young
adults on our core team who work with
us to share the love of God with teens.

Parents are always welcome to join us ☺

Tips for Parenting Teens

by Dr. James Dobson, Ph. D.

Adolescence is a fascinating and crazy time of life. It reminds me in some ways of the very early space probes that blasted off from Cape Canaveral in Florida. I remember my excitement when Col. John Glenn and the other astronauts embarked on their perilous journeys into space. It was a thrilling time to be an American.

People who lived through those years will recall that a period of maximum danger occurred as each spacecraft was re-entering the earth's atmosphere. The flier inside was entirely dependent on the heat shield on the bottom of the capsule to protect him from temperatures in excess of 1,000 degrees Fahrenheit. If the craft descended at the wrong angle, the astronaut would be burned to cinders.

At that precise moment of anxiety, negative ions would accumulate around the capsule and prevent all communication with the earth for approximately seven minutes. The world waited breathlessly for news of the astronaut's safety. Presently, the reassuring voice of Chris Craft would break in to say, "This is Mission Control. We have made contact with Friendship Seven. Everything is A-okay. Splashdown is imminent." Cheers and prayers went up in restaurants, banks, airports and millions of homes across the country. Even Walter Cronkite seemed relieved.

The analogy to adolescence is not so difficult to recognize. After the training and preparation of childhood are over, a pubescent youngster marches out to the launching pad. His parents watch apprehensively as he climbs aboard a capsule called adolescence and waits for his rockets to fire. His father and mother wish they could go with him, but there is room for just one person in the spacecraft. Besides, nobody invited them. Without warning, the mighty rocket engines begin to roar and the "umbilical cord" falls away. "Liftoff! We have liftoff!" screams the boy's father.

Junior, who was a baby only yesterday, is on his way to the edge of the universe. A few weeks later, his parents go through the scariest experience of their lives: They suddenly lose all contact with the capsule. "Negative ions" have interfered with communication at a time when they most want to be assured of their son's safety. Why won't he talk to them?

This period of silence does not last a few minutes, as it did with Col. Glenn and friends. It may continue for years. The same kid who used to talk a mile a minute and ask a million questions has now reduced his vocabulary to nine monosyllabic phrases: "I dunno," "Maybe," "I forget," "Huh," "No!" "Nope," "Yeah," "Who — me?" and "He did it." Otherwise, only "static" comes through the receiver — groans, grunts, growls and gripes. What an apprehensive time it is for those who wait on the ground!

Years later, when Mission Control believes the spacecraft to have been lost, a few scratchy signals are picked up unexpectedly from a distant transmitter. The parents are jubilant as they hover near their radio. Was that really his voice? It is deeper and more mature than they remembered. There it is again. This time the intent is unmistakable. Their spacey son has made a deliberate effort to correspond with them! He was 14 years old when he blasted into space, and now he is nearly 20. Could it be that the negative environment has been swept away and communication is again possible?

Yes. For most families, that is precisely what happens. After years of quiet anxiety, parents learn to their great relief that everything is A-okay on board the spacecraft. The "splashdown" occurring during the early 20s can then be a wonderful time of life for both generations.

Isn't there some way to avoid this blackout period and the other stresses associated with the adolescent voyage? Not with some teenagers, perhaps the majority. It happens in the most loving and intelligent of families. Why? Because of two powerful forces that overtake and possess boys and girls in the early pubescent years. We will look at these over the next couple of months in this parent newsletter.